

Nieuwjaarswedstrijd : Session: 2: COACH Evaluation sheet for TEAM: HEST

Coachinfo: Warming up from: 13:00 untill 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bombois Ann

Coaches: Van Den Bulck Deborah HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:28
Heat: 3/11 Lane : 1 Athlete: BRAEM ARIELLA ESE					Q-time: 01:58:67
PB (25m pool): 01:59.99 Tremelo 25/05/2025					PB (50m pool): 01:58.67 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.26		01:59.99	
	00:58.26		01:01.73		
					

Coach feedback:

Event number: 20: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:23	
Heat: 1/4 Lane : 2 Athlete: BRAEM ARIELLA ESE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 17:02
Heat: 3/15 Lane : 6 Athlete: VERBEEK FENNA					Q-time: 01:24:44
PB (25m pool): 01:24.44 Nijlen 16/11/2025					PB (50m pool): 01:26.68 SB: 01:24.44 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.92		01:24.44	
	00:41.92		00:42.52		
					

Coach feedback: